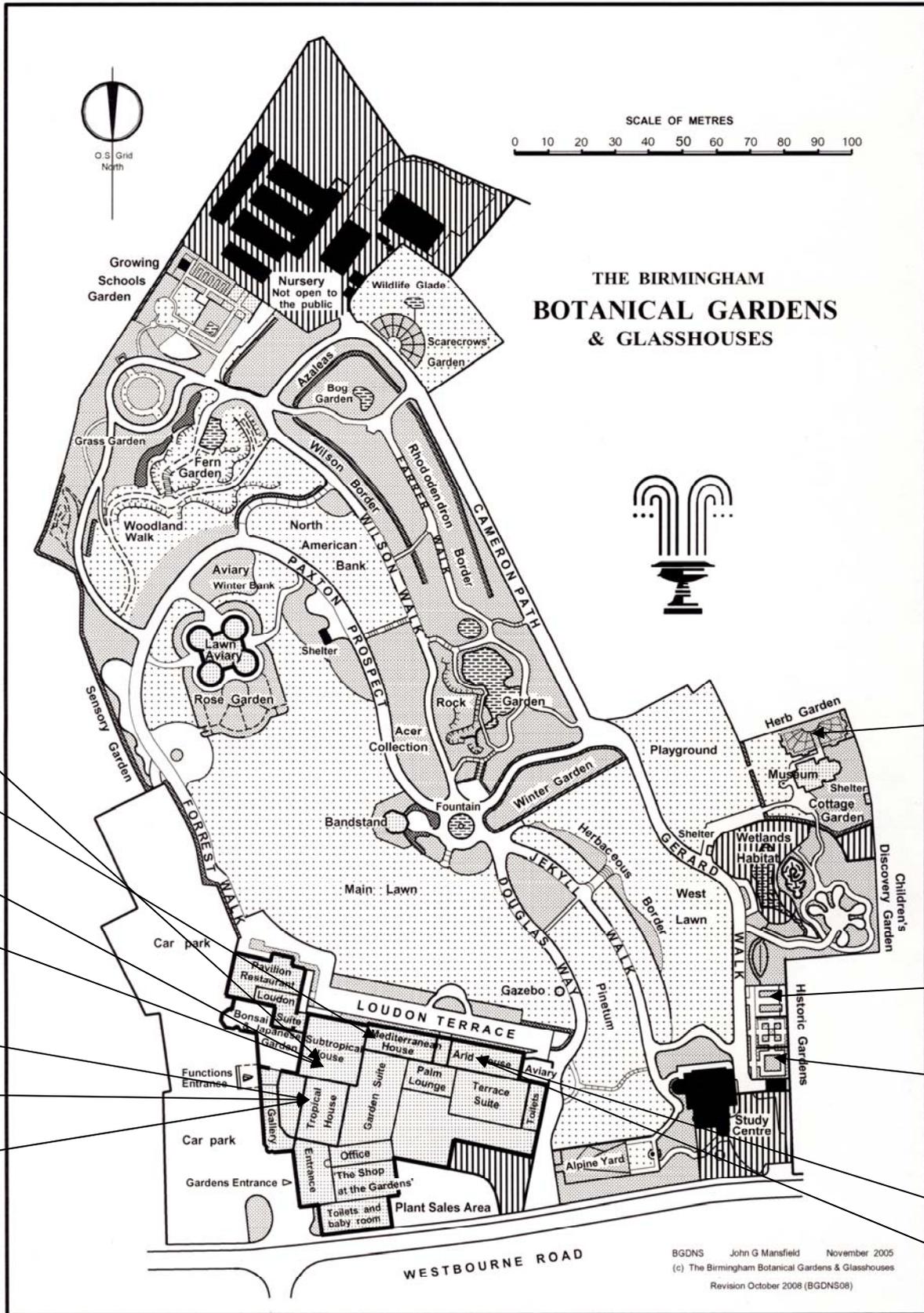


FOOD PLANT TRAIL



An Independent Educational Charity

THE BIRMINGHAM
BOTANICAL GARDENS
& GLASSHOUSES



Food Trail

Use your map to answer the following questions all about food. Some of the answers will be found on the plant labels, others you will need to guess!

1/ A rainforest climber, you put this on your meals to season them:

B _ _ _ _ / P _ _ _ _

2/ **Chocolate Tree:** Chocolate contains a chemical normally found in which part of the human body? Eyes Heart Brain

3/ Name 2 tropical fruit plants you can find growing in the Tropical Glasshouse:

_____ and _____

4/ **Cinnamon:** This is spice that is used in cakes and biscuits but which part of the plant do we use? Leaves Buds Bark

5/ **Wild Banana:** The fruit of this banana are very small and you can't eat them because:

Your tongue would swell Your teeth would break Your mouth would go numb

6/ **Liquorice:** This yummy plant makes liquorice allsorts sweets! Which part do we eat?

Fruit Flowers Roots

7/ **Tree Tomato:** What kinds of food can be made with these tree tomatoes?

8/ **Queen of the Night:** This plant gives us a very yummy and expensive fruit. It shares its name with which mythical fire-breathing monster?

9/ **Opuntia:** Which minibeast likes to live on this plant and is crushed to colour food? YUK!

Spider Ant Beetle

10/ Go to the **Tudor Garden**. Can you find the tree that made the first marmalade?

Q _ _ _ _

11/ Go to the **Roman Garden**. Find the mosaic then look up above you - what fruit vine can you see? _____

12/ Go to the **Herb Garden**. Name 6 different herbs you can find growing:

1/ _____ 4/ _____

2/ _____ 5/ _____

3/ _____ 6/ _____

13/ Now test your herb knowledge!

What herb usually goes with lamb? R _ _ _ _

Which herb flavours your toothpaste? M _ _ _

Which herb makes you relax? L _ _ _ _

14/ Now draw your favourite pizza and write down which toppings and herbs you would choose:

THE BIRMINGHAM
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Food Trail Answers

Use your map to answer the following questions all about food. Some of the answers will be found on the plant labels, others you will need to guess!

1/ A rainforest climber, you put this on your meals to season them:

B L A C K / P E P P E R

2/ **Chocolate Tree:** Chocolate contains a chemical normally found in which part of the human body? Eyes Heart Brain

3/ Name 2 tropical fruit plants you can find growing in the Tropical Glasshouse:

Papaya or Pineapple or Mango

4/ **Cinnamon:** This is spice that is used in cakes and biscuits but which part of the plant do we use? Leaves Buds Bark

5/ **Wild Banana:** The fruit of this banana are very small and you can't eat them because: Your teeth would break as they are full of big hard seeds!

6/ **Liquorice:** This yummy plant makes liquorice allsorts sweets! Which part do we eat? Fruit Flowers Roots

7/ **Tree Tomato:** What kinds of food can be made with these tree tomatoes?

Juice, jam, chutney, sauces and flavourings for ice-cream

8/ **Queen of the Night:** This plant gives us a very yummy and expensive fruit. It shares its name with which mythical fire-breathing monster? **Dragon (fruit)**

9/ **Opuntia:** Which minibeast likes to live on this plant and is crushed to colour food? YUK!

Beetle (Cochineal) - it is a type of scale insect

10/ Go to the **Tudor Garden**. Can you find the tree that made the first marmalade?

Q U I N C E

11/ Go to the **Roman Garden**. Find the mosaic then look up above you - what fruit vine can you see? **Grape vine**

12/ Go to the **Herb Garden**. Name 6 different herbs you can find growing:

Depending on the time of year, you might find any of the following plants:

Bay, Lemon Balm, Hyssop, Echinacea, Rosemary, Parsley, Thyme, Mint, Lavender, Oregano, Sage, Coriander, Chives, Tarragon, Fennel.

13/ Now test your herb knowledge!

What herb usually goes with lamb? **R O S E M A R Y**

Which herb flavours your toothpaste? **M I N T**

Which herb makes you relax? **L A V E N D E R**

14/ Now draw your favourite pizza and write down which toppings and herbs you would choose: