



**THE BIRMINGHAM
BOTANICAL
GARDENS**
TURN OVER A NEW LEAF

Tropical Rainforest Primary Worksheets

Focus on: Medicine

The resource has been written to support the National Curriculum and is available freely for educational purposes, but may not be used for profit or any other purpose without written permission from The Gardens.

Some plants in the rainforest can be used to help us when we are not well.
Can you find them?



Its scientific name is 'Zingiber officinale'
Its common name is: GINGER



Its scientific name is 'Elettaria
cardamomum'
Its common name is:
CARDAMOM



Its scientific name is
'Ficus benghalensis'
Its common name is:
BANYAN

Which plant can we use if we have toothache?
(hint: find the hairspray plant and you've got your answer!)

1 2 ③


Which plant can we use if we get travel sickness?
(hint: it makes a tasty biscuit too!)

① 2 3

Which plant gives us something we can use if we have tummy ache?
(hint: a spicy ingredient sometimes found in curries!)

1 ② 3

TRUE OR FALSE: The Black Pepper plant can be used to treat parasitic worms in your intestines? Your answer: TRUE!

Can you find and draw any other medicinal plants in the tropical house? (look for the symbol )

Examples could include:

Cocoa (naturally occurring substances in chocolate may offer some protection against heart disease and circulatory disorders)

Annatto (it has traditionally been used for diabetes and snakebites)

Rosy Periwinkle (has anti-cancer properties)

Moreton Bay Chestnut (it has anti-HIV and anti-cancer properties)

The Tropical House - Medicines

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