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THE BIRMINGHAM
BOTANICAL GARDENS AND GLASSHOUSES

Tropical Rainforest Primary Worksheets

Focus on: Medicine

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Some plants in the rainforest can be used to help us when we are not well.
Can you find them?



Its scientific name is 'Zingiber officinale'
Its common name is: GINGER



Its scientific name is 'Elettaria
cardamomum'
Its common name is:
CARDAMOM



Its scientific name is
'Ficus benghalensis'
Its common name is:
BANYAN

Which plant can we use if we have toothache?

1 2 ③

(hint: find the hairspray plant and you've got your answer!)

Which plant can we use if we get travel sickness?

① 2 3

(hint: it makes a tasty biscuit too!)

Which plant gives us something we can use if we have tummy ache?

1 ② 3

(hint: a spicy ingredient sometimes found in curries!)

TRUE OR FALSE: The Black Pepper plant can be used to treat parasitic worms in your intestines? Your answer: TRUE!

Can you find and draw any other medicinal plants in the tropical house? (look for the symbol )

Examples could include:

Cocoa (naturally occurring substances in chocolate may offer some protection against heart disease and circulatory disorders)

Annatto (it has traditionally been used for diabetes and snakebites)

Rosy Periwinkle (has anti-cancer properties)

Moreton Bay Chestnut (it has anti-HIV and anti-cancer properties)



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